

Trainer-educators

First name	Last name	Specialty	Location	Email
Andrea (Andy)	Kitchen	GE+ST, PE, CH, CY	Calgary	andy.kitchen@calgary.ca
Annie (Ayano)	Hird	RE, GE	Calgary	hirdannie@gmail.com
Debbie	Scott	RE	Calgary	liftw8s@shaw.ca
Gisele	Tennant	GE, AQ, OA, RE, CFT Examiner	Calgary	tennantga@shaw.ca
Helen	Vanderburg	GE	Calgary	helen@helenvanderburg.com
Jessica	Power cyr	GE, RE, OA	Calgary	jessicapowercyr@gmail.com
Joan	Carlson	GE	Calgary	jfitnut@gmail.com
Judy	Cudrak	GE, AQ, RE	Calgary	judycudrak@shaw.ca
Karen	Vouri	GE, RE	Calgary	kavouri@shaw.ca
Kim	Leong	GE, AQ, RE, OA	Calgary	klkimleong@gmail.com
Lana	Asuchak	GE, RE, OA	Calgary	lana@la-interactive.com
Melissa	Rowe	GE, RE	Calgary	melissarowe.fitness@gmail.com
Pam	Manzara	GE, RE, OA	Calgary	pmanzara@shaw.ca
Ruby	Dunai-mangold	GE, AQ	Calgary	rubyjdunai@gmail.com
Suzette	O'byrne	GE, AQ, RE, OA	Calgary	flow2@telusplanet.net
Susan	Webb	GE, RE	Canmore	suejwebb@shaw.ca
Tammy	Buchanan	GE, RE, AQ, CFT Examiner	Cold Lake	buchanan.tammy@cfmws.com
Christine	Legault	RE, GE+CY, PE, CH	Devon	christine.legault@ualberta.ca
Collette	Gaspar	GE, RE	Edmonton	collettegasper@gmail.com
Dot	Laing	GE, RE	Edmonton	retrofitfitnessforlife@gmail.com
Greg	Lembke	RE	Edmonton	lembke@ualberta.ca
Joan	Radford	GE, RE	Edmonton	joan.radford@ahs.ca
Katherine	Mackeigan	GE, RE, OA, AQ	Edmonton	
Lisa	Workman	GE	Edmonton	info@lisaworkman.com
Marjorie	O'connor	GE, RE	Edmonton	mocfitintl@gmail.com
Naissa	Preston	GE+MB, PE, CY	Edmonton	naissapreston@gmail.com
Lorelle	Warr	GE+CY, PE	Grande Prairie	lwarr@nwpolytech.ca
Diane	Charko	GE, RE, AQ, OA	Leduc	diane.charko@shaw.ca
Elaine	Jagielski	GE, RE, OA	Lethbridge	elaineja@telus.net
Krista	Olsson-Campbell	GE+MB, RE, OA	Medicine Hat	kristaymca@hotmail.com
Deborah	Menard	GE, RE	Plamondon	debnorm@mcsnet.ca
Janine	Potter	GE, AQ, RE, OA	Red Deer	gpotter@xplornet.com
Tracey	Gall	GE	Red Deer	tracey@balancelifestyle.ca
Anita	Parker	GE, RE	Sherwood Park	absolutelyfitnessandyoga@gmail.com
Kristin	Como	GE, RE, AQ	Sherwood Park	kristin.como@rcmp-grc.gc.ca
Sarah	Geisler	AQ, OA	Sherwood Park	sarah.l.geisler@gmail.com
Donna	Mckean	AQ	Spruce Grove	donnaluke@shaw.ca
Holley	Christianson	GE	St. Albert	holley.christianson@gmail.com
Jennifer	Potocnik	GE, RE	St. Albert	jpotocnik954@gmail.com
Karen	Mcintyre	GE+PE, CY, MB, AQ	St. Albert	karen@happyhealth.ca
Barbara	Smail	GE	Strathmore	smail.barb@gmail.com
Caylee	Vogel	GE+CY, PE	Turin	caylee.vogel@hotmail.com
Cheryl	Thurston	GE, OA, RE, CFT Examiner	West Kelowna	cheryl@afca.ca
Kelly	Sadoway	GE+ST, PE, CH, CY	Whitcourt	kellysadoway@whitcourt.ca

Assistant trainer-educators

First name	Last name	Specialty	Location	Email
Theresa	Cochran	GE, OA, AQ	Airdrie	theresa.healthhappens@gmail.com
Donna	Dudek	GE, RE	Airdrie	dldudek@shaw.ca
Lisa	Bradley	AQ, OA, GE+CY	Calgary	lisa.bradley@shaw.ca
Lancette	Burton	GE+PE	Calgary	lancetteb@hotmail.com
Amanda	Cole	GE+CY, PE, MB, RE, OA	Calgary	acole@calgary.ca
Zoe	Flowers-reitsma	GE	Calgary	zoeflowersreitsma@gmail.com
Eileen	Forbes	GE+CH, CY, MB, PE, RE	Calgary	egforbes@shaw.ca
Patricia	Grant	GE, RE, OA, AQ	Calgary	pattygrant2361@gmail.com
Simone	Hodgkinson	GE+CH, PE, ST, MB	Calgary	simoneh@shaw.ca
Randi	Macfarlane	GE+ST, CY, PE, CH, RE, AQ	Calgary	randiandbruce@shaw.ca
Joanne	Metz	GE+CH, CY, MB	Calgary	heartsouljm1@gmail.com
Robin	O'grady	GE+CH, RE	Calgary	robin@ogradyfitness.com
Kirsten	Silcox	GE+PE, CH, CY	Calgary	kksilcox@hotmail.com
Susan	Simpson	GE+MB, RE	Calgary	ssimpson99@shaw.ca
Brenda	Stroud	GE, RE	Calgary	brendastroud1@gmail.com
Shaun	Tompkins	GE, AQ, RE	Calgary	gym_tonic@telus.net
Janette	Young-larocque	GE+ST, CH, PE, MB, OA, AQ	Cochrane	janetteyl@shaw.ca
Leslie	Mckenzie	GE	Devon	leslie@wellnessdefined.ca
Michelle	Aasen	GE+ST, CY, PE, CH	Edmonton	maasen302@gmail.com
Yvonne	Dicristafaro	AQ	Edmonton	yvonneiii@hotmail.com
Katie	Metz	GE+ST, CH, CY, PE, RE	Edmonton	katiemetz@icloud.com
Gail	Rogers	GE+CY, PE, RE, OA	Edmonton	bloomfitness@shaw.ca
Danielle	Smith	GE+PE, CY, RE	Edmonton	danielles.smith@telus.net
Ilonka	Wormsbecker	GE+CH, OA, RE	Edmonton	ilonka.wormsbecker@gmail.com
Krystle	Johner	GE + CY, MB	Edmonton	kajohner@ualberta.ca
Shantal Marie	Heskett	GE, RE	Fort McMurray	shoobug@telus.net
Barbara	Bouwman	GE+PE, CY	Fort Saskatchewan	barbbouwman-rda@hotmail.com
Erin	Post	GE, RE	Grande Prairie	erinpost@hotmail.com
Lisa	Stewart	GE	Lacombe	lisafay44@gmail.com
Bonnie	Jordan	GE+PE, MB, CY, AQ, RE	Beaumont	kinzy@live.ca
Judith	Colley	GE+ST, CH, PE, CY, RE	Red Deer	colleyjd@shaw.ca
Monica	Zombori	GE, RE	Red Deer	brpodloski@shaw.ca
Lesley	Mcewan	GE+MB, PE, CH, ST, OA	Spruce Grove	lesleylifestyles@gmail.com
Maelynn	Ives	RE, GE, AQ	Sturgeon County	mcives@shaw.ca
Judy	Cooper	GE, RE, OA	Wabamun	judy.cooper@meta-fitness.com